

NEWS RELEASE

For immediate release...

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No, you won't get cancer or heart disease because someone in your family did!

A study published in the New England Journal of Medicine shows that your lifestyle has much more influence of your cancer risk than heredity.

50 years after the discovery of DNA by Francis Crick and James Watson (1953), the hereditary factor, originally presented as an hypothesis and never proven true, is now proven wrong. A study published in the New England Journal of Medicine looked at the health histories of 45,000 twins and found that what they ate and how they exercised had much more influence of their cancer risk than heredity. **The message is that you have more control of your cancer risk, and of your health, than you think.**

Petrene Soames, author of [The Essence of Self-Healing](#), invites you to present the good news to your listeners: **"The good news is that you will not die of a heart disease because someone in your family did. The bad news is that if you keep believing and accepting the idea of heredity that the medical field has been selling us for 50 years, your risk of being seriously ill will dangerously increase."**

1. What is the heredity factor?
2. For 50 years, we have accepted the hereditary risk? How did this affect our health if it's not true?
3. Does our lifestyle and what we think only affect our risk of getting cancer, or can that affect other aspects of our health?
4. Although we are just starting to realize that the hereditary factor is not real, **millions believe in it, even our children**. How can we deprogram ourselves and stop bringing these dreadful diseases to our lives?
5. How do you see our current health care situation in the USA?
6. Since we are talking about health in the USA, how do you feel about the programs proposed by the presidential candidates during the election campaign?
7. How do you see the future of our health?

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About Petrene Soames

Petrene Soames is a leading authority in healing and self-awareness, an inspirational speaker, a veteran television and radio guest featured in national and international press. She has worked successfully over the past 22 years as a consultant and therapist, helping others achieve their highest potential. Her unique practices and insights, which are drawn from every realm of human sciences and studies, but are not locked or blinded by any one doctrine, have helped hundred of clients worldwide. Originally from England, and widely traveled, Petrene now lives in The Woodlands, Texas (Houston area), where she continues her fascinating work. Visit her web site at <http://timeisime.com> or <http://petrene.com>.

Call Toll Free 888-263-9637 today to schedule an interview with Petrene Soames.